

**Gender Terminology:** Horses can be described by gender as well. Mother horses are called mares. Father horses are called stallions. Male horses that are “fixed” (much like when a dog or cat is neutered) are called geldings. Eleven of our horses are geldings. Geldings have a more gentle nature than stallions. Other terms that describe a horse by gender and age are:

- Foal: A baby horse
- Weanling: A foal that has been weaned from his mom (has stopped drinking their mother’s milk)
- Yearling: A horse that is one year old
- Colt: A male horse under the age of three
- Filly: A female horse under the age of three

A foal’s father is called a sire and its mother is called a dam.

All horses have their official birthday on January 1, following the year they are born. So if a horse is born on October 1, 2014, they would be considered a year old the following January 1, 2016.



**DID YOU KNOW:** Like all babies, foals sleep ALOT! All horses will lie down to sleep if they feel safe. Adult horses sleep deeply about 4 hours per 24 hour period. They rest, usually standing up, throughout the day.